

Newborn Hospital Follow Up Visit

Our office will contact you prior to discharge from Sarasota Memorial Hospital to schedule a newborn hospital follow up exam.

We try to see our new families within 1 or 2 days of discharge to help with potential feeding problems or any other concerns in the newborn period.

It will be helpful if you can have another adult accompany you to this visit and to arrive at least 15 minutes prior to your scheduled appointment.

When you arrive, you will be asked to complete some new family paperwork. You can view, print and complete these forms prior to your appointment, which will help speed up the check-in process. You will also need to present your newborns insurance card at every visit.

After checking-in, you and your baby will be brought directly back to an exam room. The nurse will come in and ask about how your newborn is feeding, where your baby sleeps and how many stools and wet diapers they may have had since coming home from the hospital. The nurse will ask you to undress your baby and you both will go to the infant scale area to weigh and measure your baby, take your baby's temperature, pulse and respiration rate. The nurse will then take you back to your exam room and the doctor will come in and examine your newborn thoroughly, and answer any questions or concerns you may have. If you wish, one of our nurses will help you with breastfeeding concerns. No routine vaccines are given at this visit.