

Comprehensive Childcare Associates



Comprehensive Community Resource Guide

Sarasota Specific Resources

Emergency / Referral Services

211 Suncoast Cares

Phone: Dial 211 or (941) 308-4357

Text ZIP code to 898-211

Website: <https://211suncoastcares.org>

Email: info@211suncoast.org

Services: 24/7 crisis support, housing referrals, food assistance, transportation, childcare, utility assistance, mental health referrals, and community resource navigation.

Unite Us Florida Network

Website: <https://uniteus.com>

Services: Coordinated referral platform connecting healthcare systems, schools, nonprofits, and families to food, housing, transportation, behavioral health, and social services.

Family Support

The Center for Hope

Address: 1750 17th St Building K, Sarasota, FL 34234

Phone: (941) 217-7233

Website: <https://www.thecenterforhope.org>

Email: info@thecenterforhope.org

Services: Mental health counseling, trauma-informed care, parenting support, family services, case management, and community outreach.

Forty Carrots Family Center

Address: 1500 S Tuttle Ave, Sarasota, FL 34239

Phone: (941) 366-0250

Website: <https://fortycarrots.com>

Email: info@fortycarrots.com

Services: Parenting education, infant-toddler programs, preschool support, child development screenings, mental health counseling, and family strengthening services.

Mental Health / Crisis / Domestic Violence

SPARCC

Address: 2139 Main St, Sarasota, FL 34237

24-Hour Hotline: (941) 365-1976

Website: <https://www.sparcc.net>

Services: Domestic violence shelter, counseling, legal advocacy, sexual assault services, and emergency shelter.

Centerstone

Crisis Line: (941) 782-4150

Website: <https://centerstone.org>

Services: Mental health counseling, psychiatry, addiction treatment, crisis stabilization, and children's behavioral health services.

Food Pantries / Nutrition

All Faiths Food Bank

Address: 8171 Blaikie Ct, Sarasota, FL 34240

Phone: (941) 379-6333

Website: <https://allfaithsfoodbank.org>

Email: info@allfaithsfoodbank.org

Services: Emergency food assistance, SNAP enrollment help, mobile food pantries, child hunger programs, and senior nutrition support.

Harvest House Food Pantry

Address: 3650 17th St, Sarasota, FL 34235

Phone: (941) 953-3559

Website: <https://www.harvestsarasota.com/food-pantry/>

Email: foodpantry@harvesttab.com

Services: Weekly food distribution including produce, meat, dairy, and shelf-stable foods.

Free Indeed Food Bank

Address: 3115 Desoto Rd, Sarasota, FL 34234

Phone: (941) 358-7630

Website: <https://freeindeedministry.org>

Email: info@freeindeedministry.org

Services: Emergency food pantry, clothing assistance, household items, community meals, outreach programs, and spiritual support.

Supplemental Nutrition Assistance Program (SNAP)

Apply Online: <https://www.myflorida.com/accessflorida/>

Phone: (866) 762-2237

Services: Monthly food assistance benefits through EBT cards for qualifying low-income individuals and families.

May Help Cover: Groceries, produce, meat, dairy, infant formula, and pantry staples.

Housing / Utility Assistance

Catholic Charities Diocese of Venice

Phone: (941) 355-4680

Website: <https://catholiccharitiesdov.org>

Services: Rental assistance, utility support, homelessness prevention, and case management.

Sarasota Housing Authority

Address: 269 S Osprey Ave, Sarasota, FL 34236

Phone: (941) 361-6210

Website: <https://sarasotahousing.org>

Services: Public housing and Housing Choice Voucher (Section 8) support.

Step Up Suncoast LIHEAP

Website: <https://stepupsuncoast.org/programs/energy-assistance-liheap/>

Services: Energy and utility bill assistance for low-income households.

Medical / Health Resources

Sarasota County Health Department

Address: 2200 Ringling Blvd, Sarasota, FL 34237

Phone: (941) 861-2900

Website: <https://www.floridahealth.gov>

Services: Immunizations, WIC, health screenings, pediatric services, and public health support.

Pregnancy Solutions

Address: 14874 Tamiami Trail, North Port, FL 34287

Phone: (941) 408-7100

Website: <https://pregnancysolutions.org>

Services: Pregnancy testing, parenting classes, diapers, baby supplies, and parenting support.

Good Samaritan Pharmacy & Health Services

Phone: (941) 445-5687

Services: Prescription medication assistance for qualifying individuals.

Scholarships / Educational Assistance

Step Up For Students

Phone: (877) 735-7837

Website: <https://www.stepupforstudents.org>

Email: info@stepupforstudents.org

Services: Family Empowerment Scholarships, FES-UA scholarships, homeschool educational funding, transportation stipends, tutoring support, curriculum, therapies, and educational technology assistance.

Take Stock in Children

Phone: (786) 369-5130

Website: <https://www.takestockinchildren.org>

Services: Mentoring and scholarship opportunities for low-income students.

UHCCF (UnitedHealthcare Children's Foundation)

Website: <https://www.uhccf.org>

Grant Application: <https://www.uhccf.org/apply-for-a-grant/>

Phone: (855) 698-4223

Email: info@uhccf.org

Services: Medical grants for children to help families pay for healthcare services, therapies, prescriptions, counseling, travel for care, and medical equipment not fully covered by insurance.

Eligibility: Children under age 17 may qualify.

Insurance Requirement: Families do NOT need UnitedHealthcare insurance to apply.

May Help Cover: Speech therapy, occupational therapy, physical therapy, behavioral health services, prescriptions, specialized therapies, and medical travel expenses.

Education / Literacy Programs

Girls Inc. of Sarasota County

Address: 4415 Desoto Rd, Sarasota, FL 34235

Phone: (941) 366-6646

Website: <https://www.girlsincsrq.org>

Email: info@girlsincsrq.org

Services: Literacy programs, mentoring, STEM education, after-school care, leadership development, summer programs, and educational support for girls.

Boys & Girls Clubs of Sarasota and DeSoto Counties

Address: 3100 Fruitville Rd, Sarasota, FL 34237

Phone: (941) 366-3911

Website: <https://bgcsdc.org>

Email: info@bgcsdc.org

Services: After-school programs, tutoring, literacy support, sports, summer camps, meals/snacks, and teen leadership development.

Early Head Start / Head Start - Children First

Address: 1723 N Orange Ave, Sarasota, FL 34234

Phone: (941) 953-3877

Website: <https://www.childrenfirst.net>

Email: info@childrenfirst.net

Services: Early Head Start, Head Start, preschool readiness,

developmental screenings, family support services, parenting education, health screenings, and early childhood education.

WIC (Women, Infants, and Children Program)

Florida WIC Program

Website:

<https://www.floridahealth.gov/programs-and-services/wic/index.html>

Phone: (800) 342-3556

Services: Healthy food benefits for pregnant women, postpartum mothers, infants, and children under age 5.

May Include: Formula assistance, breastfeeding support, lactation counseling, nutrition education, developmental screenings, and referrals to healthcare/community resources.

Sarasota County WIC Office

Address: 2200 Ringling Blvd, Sarasota, FL 34237

Phone: (941) 861-2900

Services: WIC enrollment, eligibility screening, EBT food benefit cards, breastfeeding support, nutrition counseling, and breast pump assistance when eligible.

Pregnancy / Family Support Resources

Healthy Start Coalition of Sarasota County

Website: <https://healthystart.com>

Phone: (941) 373-7070

Services: Prenatal education, parenting support, developmental screenings, infant care education, safe sleep education, and home visiting programs.

Medicaid / Health Insurance Assistance

Florida Medicaid

Website:

<https://www.myflfamilies.com/services/public-assistance/medicaid>

Apply Online: <https://www.myflorida.com/accessflorida/>

Phone: (866) 762-2237

Florida KidCare

Website: <https://www.floridakidcare.org>

Phone: (888) 540-5437

Sunshine Health Medicaid

Website: <https://www.sunshinehealth.com>

Phone: (866) 796-0530

UnitedHealthcare Community Plan

Website: <https://www.uhc.com/communityplan/florida>

Phone: (877) 440-3738

Simply Healthcare Plans

Website: <https://www.simplyhealthcareplans.com/florida-medicaid.html>

Phone: (844) 406-2396

North Port Specific Resources

North Port Social Services Division

Address: 6919 Outreach Way, North Port, FL 34287

Phone: (941) 429-3700

Website: City of North Port Social Services

Services: Emergency financial assistance, rent and utility support, DCF assistance, housing referrals, food resources, and case management.

North Port Care Center

Address: 14525 Tamiami Trail, North Port, FL 34287

Phone: (941) 429-3700

Website: North Port Care Center

Email: info@northportcarecenter.org

Services: Food pantry, clothing assistance, utility support, emergency aid, and referrals to community services.

Pregnancy Solutions

Address: 14874 Tamiami Trail, North Port, FL 34287

Phone: (941) 408-7100

Website: [Pregnancy Solutions](#)

Email: info@pregnancysolutions.org

Services: Pregnancy testing, parenting classes, diapers, baby supplies, mentoring, and family support.

North Port Health Department

Address: 6950 Outreach Way, North Port, FL 34287

Phone: (941) 861-3820

Website: [Florida Department of Health Sarasota County](#)

Services: WIC, immunizations, family planning, public health services, and preventive care.

North Port Care Center

Address: 14525 Tamiami Trail, North Port, FL 34287

Phone: (941) 429-3700

Services: Food pantry, clothing assistance, emergency support, and utility help.

Port Charlotte Specific Resources

Charlotte Behavioral Health Care

Address: 1700 Education Ave, Punta Gorda, FL 33950

Phone: (941) 639-8300

Website: [Charlotte Behavioral Health Care](#)

Email: info@cbhcfcl.org

Services: Mental health counseling, psychiatry, crisis stabilization, substance abuse treatment, and children's behavioral health services.

Virginia B. Andes Volunteer Community Clinic

Address: 21297 Olean Blvd, Port Charlotte, FL 33952

Phone: (941) 766-1584

Website: Volunteer Community Clinic

Email: info@volclinic.org

Services: Free and low-cost medical care, specialty referrals, medications, chronic disease management, and behavioral health support.

Charlotte County Healthy Start Coalition

Address: 21500 Gibraltar Dr, Port Charlotte, FL 33952

Phone: (941) 764-9700

Website: Charlotte County Healthy Start Coalition

Services: Prenatal education, infant support, parenting classes, developmental screenings, and family support programs.

Catholic Charities of Southwest Florida – Charlotte County

Address: 2525 Harbor Blvd Suite 304, Port Charlotte, FL 33952

Phone: (941) 625-2549

Website: Catholic Charities Southwest Florida

Services: Emergency financial assistance, food support, housing referrals, senior assistance, and case management.

Manatee County Specific Resources

Manatee County Healthy Start Coalition

Address: 3920 State Rd 64 E, Bradenton, FL 34208

Phone: (941) 708-6916

Website: [Healthy Start Manatee](#)

Email: info@hsmanatee.com

Services: Prenatal education, parenting support, developmental screenings, infant care education, breastfeeding support, and home visiting programs.

Turning Points

Address: 701 17th Ave W, Bradenton, FL 34205

Phone: (941) 747-1509

Website: [Turning Points Manatee](#)

Email: info@tpmanatee.org

Services: Homeless assistance, medical and dental care, veteran services, food assistance, rent and utility support, and employment assistance.

Manatee Children's Services

Address: 1227 29th Ave E, Bradenton, FL 34208

Phone: (941) 345-1200

Website: [Manatee Children's Services](#)

Email: info@mcsfl.org

Services: Child abuse prevention, family counseling, foster care support, parenting education, and trauma-informed behavioral health services.

Easterseals Southwest Florida

Address: 350 Braden Ave, Sarasota, FL 34243

Phone: (941) 355-7637

Website: Easterseals Southwest Florida

Email: info@easterseals-swfl.org

Services: Autism services, therapy programs, early intervention, adult day programs, and disability support services serving Sarasota and Manatee Counties.

Parenting Matters

Address: 3920 State Rd 64 E, Bradenton, FL 34208

Phone: (941) 756-3000

Website: Parenting Matters

Email: info@parentingmatters.org

Services: Parenting classes, fatherhood programs, supervised visitation, youth mentoring, and family support services.

The Food Bank of Manatee

Address: 811 23rd Ave E, Bradenton, FL 34208

Phone: (941) 747-4655

Website: The Food Bank of Manatee

Services: Emergency food assistance, mobile food pantries, school backpack food programs, and senior nutrition support.